



# Resources of the week 10

EDUCATION SPECIAL

GWENT ATTACHMENT SERVICE AND  
GWENT COMMUNITY PSYCHOLOGY

## WE WANT TO HEAR FROM YOU!

We would like to hear your views on both the resources of the week email/pdf and our resource directory.

Please could you click on the link below & complete a short survey (10 min). We really value your feedback which will shape future service developments.

<https://www.surveymonkey.co.uk/r/57RLWZP>

## Free Workshop

**Supporting the transition back to school  
A workshop for school staff to consider  
the emotional wellbeing of their  
communities.**

**Please click on the picture opposite for  
more information regarding this  
workshop for education staff working in  
Gwent.**

**Supporting the transition back to school:**  
*A workshop for school staff to consider the emotional wellbeing needs of their communities*

**What is the workshop?**  
The re-opening of schools presents a significant challenge when considering how to support the wellbeing needs of all members of the school community. Representatives from the Gwent Attachment Service, Gwent Community Psychology and the Gwent Whole School Approach team are teaming up to provide a two hour workshop for education staff. We will consider how to create safe and supportive educational environments post lockdown, explore some of the underpinning psychological concepts related to safety and wellbeing, and consider some examples of what this might mean in practice.

**Who should attend?**  
This workshop will be suitable for all education staff working in Gwent, including teachers, teaching assistants and domiciliary staff.

**How much does it cost?**  
This workshop will be provided free of charge.

**When can I attend?**

Monday 22 <sup>nd</sup> June	9am - 11am
Monday 22 <sup>nd</sup> June	1pm - 3pm
Wednesday 24 <sup>th</sup> June	10am - 12pm
Wednesday 24 <sup>th</sup> June	2pm - 4pm

**How do I sign up?**  
We will be offering 20 places in each virtual workshop and places will be allocated on a first come first served basis. If you would like a space on the workshop, please contact:  
Susan.Whitehouse@wales.nhs.uk  
or  
Kay.Ashley@wales.nhs.uk






**Supporting Transition Back to  
School Workbook from Gwent  
Attachment Service and Gwent  
Community Psychology**

**Let's go back to school  
workbook**





Preparing your child to return to school from Royal College of Occupational Therapists

Returning to school after lockdown from the Mental Health Foundation

Missing out on Exams from Gwent Attachment Service

Managing transition back to school from the Anna Freud Centre

Supporting school staff wellbeing from mentally healthy schools



COVID-19 has had a disproportionate impact on BAME people.

We can only overcome racism and inequality if it is named, pointed out and challenged. Our teams stand in solidarity with Black Lives Matter.

### Best Wishes and Keep Safe

We hope these resources are useful. We will be aiming to send out more once a week, subject to service changes. In the meantime if you would like any specific resources please email either:

[gwentattachmentservice.abb@wales.nhs.uk](mailto:gwentattachmentservice.abb@wales.nhs.uk)

[gwentcommunitypsychology.abb@wales.nhs.uk](mailto:gwentcommunitypsychology.abb@wales.nhs.uk)

